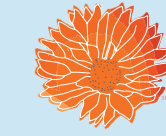


# Wellness Signs & Locations

A VIRTUAL STROLL  
THROUGH OUR OFFICE



## Beauty & Spirit



Throughout our office, our design introduces soul-soothing biophilic elements found in nature by including plant life, natural hues in the concrete, and the raw pattern in the wood elements.

The mural, curated by “Living Walls,” an all-female powerhouse organization, brought world-renowned artist Tellas to the United States for the first time, giving Tellas the opportunity to paint another mural for the community in the Summerhill neighborhood. Our original home in Old Fourth Ward was dominated by talented artists and projects because of Living Walls; their work brings a piece of O4W into our new space to imbibe place, express the spirit of our work, and reflect the culture we have created.

# Material Energy

We selected the most eco-friendly products throughout our space. For example, Superior Essex red-list free cables have been installed in the ceilings and walls, and energy efficient mercury free lighting allowed us to achieve zero mercury lighting.

Setting a high standard for re-purposing materials for our space, we were able to reuse 58% of furniture. By incorporating reclamation and reuse, the carbon emissions from the project were reduced by 60% from a typical baseline and 40% of CO2 emissions were offset.



# Free Address

Most office spaces are not designed to consider neurodivergent employees or clients, let alone spaces that offer respite and reprieve from the daily grind. By adopting a free address system, our employees are able to set up shop in any space type that makes sense for them and what they need to accomplish that day. Our break room was designed to incorporate a coffee house vibe. Multiple types of meeting rooms and break out spaces are adaptable; we have a room specifically dedicated to nursing mothers, and also a room designed to incorporate sound therapy, color therapy, aromatherapy, and mindful meditation.

## Library

Our own free little library houses multiple publications making education about health, wellness, the environment, design, and the history of Atlanta free and accessible.

Achieving Petal certification for the office encouraged our design team to refer to the products used throughout our space as a “Living Library.” In an effort to reduce the amount of pollutants introduced in the space, we limit the amount of product samples that are stored on-site.



## Acoustics

Instead of a typical open-office floor plan, we grouped workspaces into smaller neighborhoods to help reduce noise. We opted for insulation within the interior walls to help absorb sound transmission further. In spaces with high reverberation or background noise, additional materials that naturally absorb sound were installed, such as wool-covered lighting fixtures.

# Lighting

We reduced the LEED v4.1 requirements for lighting from ASHRAE Standard 90.1-2016 (0.79 w/sf) by 31.29% (0.55 w/sf) using enhanced lighting strategies. This lighting design achieves high CRI values (85) and the equivalent melanopic lux (EML) values that mimic at least 4 hours of bright sunlight that affects our body's by inducing more energy expenditure through circadian rhythm. The windows have a low visible transmittance (Tv 0.15) which in turn provides low lux values, making meeting EML requirements a true challenge.



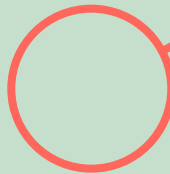
# Drinking Water

We are lucky to have municipally-supplied water which meets several water quality standards without filtration. However, we aim for the highest quality standards to eliminate ingesting chlorine and fluoride of any quantity. Therefore, we have installed water filters as well as bottle-refilling stations around the office in order to encourage hydration throughout the workday.

# Water Quantity



Building management was a great partner in working closely to replace the fixtures in the core space. For our own office, we took it one step further by using ultra low-flow sinks, a pressure-assisted water closet that only uses one gallon of water, and a completely waterless urinal kindly provided by Waterless Co. Inc.



# Material Ingredients



Early in design, priority was given to red-list free products with a Declare label. If a desired product was not available, products with both an environmental product declaration (EPD) and a transparency label were selected. For all materials, we opted for zero VOC or near-zero VOC emitting products. The final result demonstrates that you can design a high-end, modern space with materials that are less harmful to everyone from manufacturer to the end user, all with the goal of contributing to a closed-circle economy.

## Views

By designing our office to maximize views from workstations, we enhance everyone's access to nature with a direct line of sight to softscapes, such as Centennial Olympic Park and the immense tree canopy of Atlanta. On a clear day, you can see Kennesaw Mountain, which is 25 miles away.

